

# Calder Vale Walk: River, Hill and Valley

## Start Point

Calderbank  
Country Lodge,  
Oakenclough  
★ SD 538 475

## Distance/Time



8 miles  
5 hrs

## Terrain

Tracks, fields and roads. Gates and some stiles. Steep sections and can be wet underfoot.

## OS Explorer

OL41

'Forest of Bowland and Ribblesdale'

## Walk Description

This route is waymarked with a red disc labelled 'Calder Vale Walk Red 1'.

- 8 At The Priory, turn right up and follow Snowhill Lane up to its end where it meets Higher Lane.
- 9 Take the kissing gate opposite and follow the path up to the trig point on Nicky Nook.
- 10 From the trig point head downhill to and over a stile in a dry stone wall. Follow the path bearing left downhill towards a gap in the trees ahead and out onto a track.
- 11 Turn left along this track until it reaches a lane. Turn right down the lane towards Fell End Farm. Before reaching the farm, take the concessionary path through a small gate on the right to by-pass the farm.
- 12 Take the track bearing right for a short distance to a gate on the left. Go through this gate and follow the path to the layby at Grizedale Bridge.
- 13 Turn right and follow the road uphill passing Grizedale Lea Reservoir on your right. Just past the reservoir entrance take the footpath on the right. After about 50m, before reaching the edge of the wood on the right, turn left following the bottom of the slope to come out onto the road. Turn right and follow the road downhill back to Calderbank Lodge.

★ Turn right out of Calderbank Lodge along the road to a T-junction. Turn left up hill for 300m and take the grassy track on the right.

2 Continue uphill, passing the track to the aerial masts and wireless station on the right, and down to a track crossroads. Continue straight on to Moor House. Walk across the front of the house and along a hedge lined track.

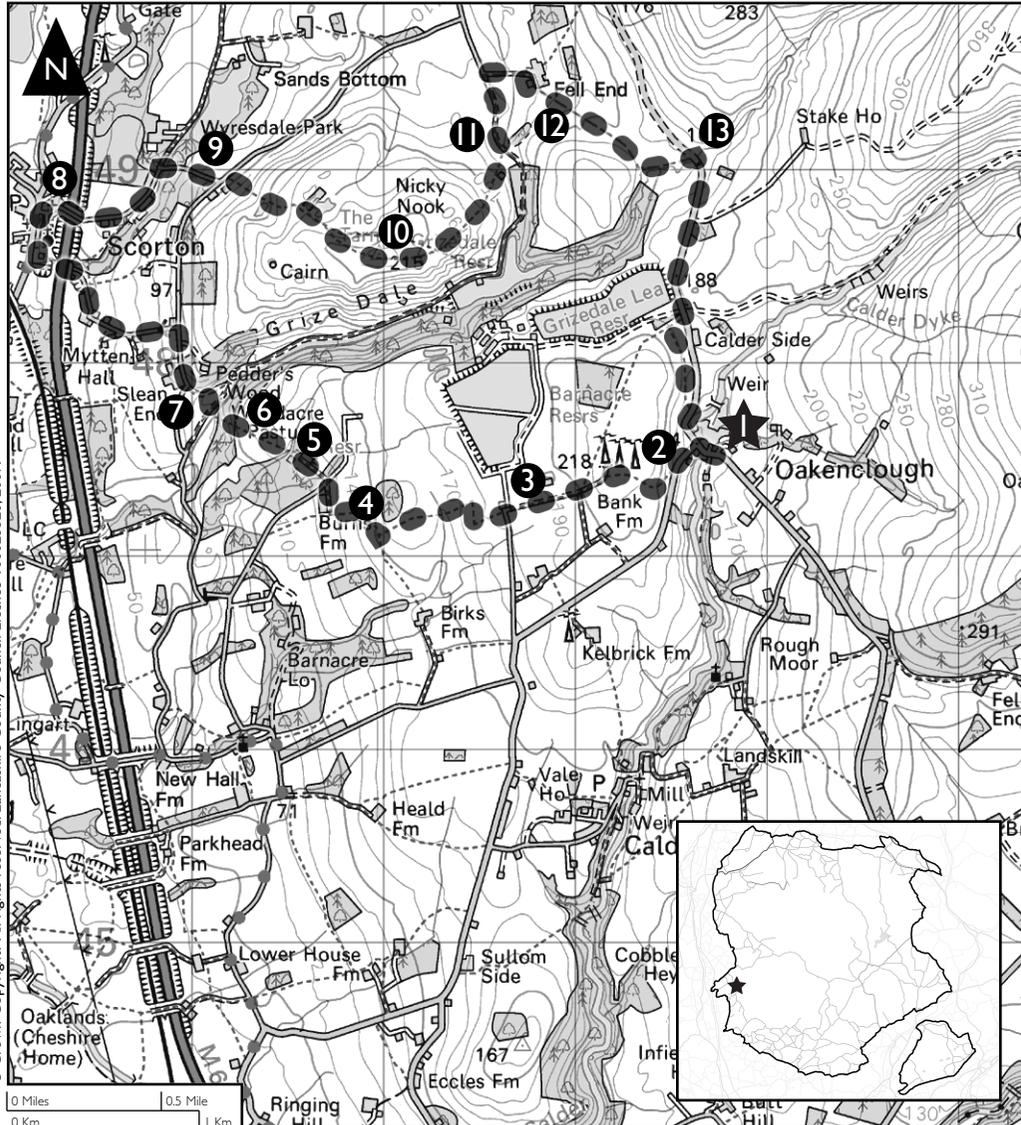
3 The track bends right and then left before reaching a gate by a stream. Continue straight on keeping the hedge on your right to a gate onto a stone track. Go down into Burns farmyard.

4 At the yard turn right, past the farmhouse and buildings. Turn right onto the lane then left shortly after. Go straight on, past the covered reservoir and over a stile at the edge of a wood.

5 Cross the field to a kissing gate at the edge of the next wood.

6 Follow the path straight down the steep bank and cross the footbridge.

7 Continue straight ahead and uphill onto Higher Lane. Turn right along the lane and take the next left down Tithe Barn Lane. At the bottom turn right into Scorton.



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## About This Walk

Scorton once formed part of the medieval manor of Nether Wyresdale and had 12 residences in 1786. The manor remained in the family of the Dukes of Hamilton until 1853 when it passed to the Ormerods, who built Wyresdale Park, St Peter's Church, the vicarage and the school, and also renovated most of the village. The Ormerods left the area in 1922 when the estate was broken up and sold off, mainly to the tenants.

Nicky Nook, though modest in height, offers splendid views over Lancashire's coastal plain, Morecambe Bay and beyond to the Lakeland fells. On a really clear day it is possible to see the Isle of Man and the Great Orme on the North Wales coast.

Birds such as meadow pipits and skylarks are common on the fell, while the more fortunate may catch a glimpse of tree pipits or yellowhammers.

## Sustainable Tourism

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) is a protected landscape that has international importance for its heather moorland, blanket bog and rare birds. In 2005 the AONB became the first protected area in England to be awarded the European Charter for Sustainable Tourism in Protected Areas, joining just 30 other areas across Europe. The Charter is awarded to protected areas that are delivering tourism that is both nature and landscape friendly and which contributes to the economic development of the region. The Charter approach ensures that organisations, local people and businesses are working together to protect the area, whilst at the same time increasing opportunities for visitors to discover and enjoy its special qualities.

You can contribute to sustainable tourism by:

- Leaving the car at home and using public transport instead
- Purchasing local products, including food and drink
- Making a donation to the Bowland Tourism Environment Fund through donation boxes at participating businesses in the area

## Countryside / Moorland Code



From a gentle stroll or relaxing picnic, to a long-distance walk or heart-pumping adventure, the countryside provides every opportunity for enjoyment and relaxation. If you follow the Countryside Code wherever you go, you'll get the best enjoyment possible and you'll help to protect our open spaces now and for future generations.

1. Be safe - plan ahead and follow any signs
2. Leave gates and property as you find them
3. Protect plants and animals, and take your litter home
4. Keep dogs under close control
5. Consider other people
6. Prevent uncontrolled moorland fires

## Safety

If you are going for a walk, it is strongly recommended that you:

- Dress appropriately - avoid wearing denim and any other clothing, which doesn't dry quickly. It is better to wear lots of lighter layers, which can be easily removed or added. Sturdy footwear and waterproofs are also a must
- Carry the right equipment - including an Ordnance Survey Map (OS Explorer OL41); compass; small first aid kit; high energy snack; something to drink; mobile phone (be aware that coverage can be patchy); whistle
- Always let someone know where you're going and what time you expect to be back
- Do not take any unnecessary risks.

If you are in difficulty or see someone in difficulty, please dial **999** and ask for **Mountain Rescue**

To report any other incident contact:

- **Countryside Service** - **01772 534 709**, open 9am-5pm, Monday to Friday
- **Lancashire Constabulary** - **0845 1 25 35 45** or **999** for emergencies